

# Happy Home Charm Bag

## INGREDIENTS:

- One strand of hair from every member of the family\*
- Blue Thread
- One Angelica Root Slice
- German Chamomile Essential Oil
- Balm of Gilead Buds
- Flax Seeds
- Lavender Buds
- White and Pink Rose Buds

## METHOD:

1. Braid the hair & thread together
2. Using the braid, tie a bow around the Angelica Root Slice
3. Apply one drop of Chamomile Oil to the root slice for each family member
4. Put the root into a brown sachet or conjure bag along with the rest of the ingredients

Place the charm bag in a central location in the home

*\*Include pet hair if you wish*

