

Athena's Olive Leaf Headache Spell

Zeus gave birth to his daughter, Athena, from his head. His labor pains manifested as a headache, for which he called on the divine smith Hephaistos to perform a healing. Hephaistos took his axe and split open Zeus' head, popping out Athena, fully grown and ready for battle.



To perform this headache spell, scratch Athena's name on an olive leaf and attach it to a ribbon. Tie it onto your head with the leaf centered over the throbbing spot to ease the headache.